

Lincoln Park Community Center

357 Frederick Avenue, Rockville MD 20850

240-314-8780

Open Daily

Monday-Saturday 9 a.m.-9:30 p.m. • Sunday 10 a.m.-6 p.m.

**Say NO to Summer School.
Say YES to the Honor Roll!
Free Tutoring at LPCC**
For more information, call Neal at
240-314-8782.

- **TAE KWON DO ALL AGES:**

Tuesday 5:30-6:30 p.m.. FREE!!!

- **KIDS ROOM-AFTER SCHOOL PROGRAM**

K-8th grade

- **LINCOLN PARK COMMUNITY CENTER DROP-IN**

Drop in for Computer Access, Table Tennis, Pool, Card/Board Games, Basketball, and the Fitness Center.

A Fitness Trainer is available for assistance between the hours of 6:30-9:30 pm

- **PRIVATE RENTALS**

Do you have a special anniversary, birthday or retirement to celebrate? Give us a call about renting at our facility for your special event.

- **LPCC BASKETBALL DROP-IN***

Call center for dates & times.

*Times subject to change.

- **MANNA FOOD**

Manna Food Service provides a variety of food at no cost for those in need. Deliveries are made on Fridays at 12 noon.

- **COMPUTER CLASS**

FREE! Come learn basic skills in our new state of the art computer lab.

FITNESS CENTER

Adult Fitness: \$30(R)/\$50(N)

Adult/Spouse Fitness: \$55(R)/\$75(N)

Senior/Youth Fitness: \$15(R)/\$35(N)

*Family Fitness: \$50(R)/\$75(N)

*For up to 4 members, \$10 each additional member

Featuring:

• Treadmills • Exercise Bikes • Free weights
• Elliptical Crosstrainer • Basketball • Table Tennis
• Air Hockey • Billards • Lockers & Showers

Close to downtown Rockville and at a bargain price

MOBY

Mobile MEDICAL CLINIC

is making regular stops at
**Lincoln Park Community Center and
Twinbrook Community Recreation Center.**
The mission of Mobile Medical Care, Inc. is to provide primary medical care to the low-income, uninsured, working-poor and homeless in Montgomery County.

For appointments, call 301-493-2400